



**RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL**

**MUNICIPAL YEAR 2023-24**

**COMMUNITY SERVICES SCRUTINY COMMITTEE**

**21<sup>st</sup> November 2023**

**PRE SCRUTINY - DAY SERVICES FOR OLDER PEOPLE**

**REPORT OF THE SERVICE DIRECTOR DEMOCRATIC SERVICES & COMMUNICATIONS**

**1. PURPOSE OF THE REPORT**

- 1.1. To pre-scrutinise the proposals in relation to Day Services for older people to enable the Cabinet to make informed decisions with regards to the future delivery of the Council's Day Services for older people.

**2. RECOMMENDATIONS**

It is recommended that Members:

- 1.2. Undertake pre scrutiny on the report (attached at **Appendix A**), thus providing Scrutiny with an opportunity to contribute to this matter; and
- 2.2 To Authorise the Service Director Democratic Services and Communications to provide the comments and observations of the Committee to Cabinet, prior to their consideration of the matter on the 18<sup>th</sup> December 2023.

**3. REASONS FOR RECOMMENDATIONS**

- 1.3. The need for Cabinet to be aware of the comments and observations of the Community Services Scrutiny Committee prior to their consideration of the Older Peoples Services Offer.

**4. BACKGROUND**

- 4.1 At its meeting on [11th September 2019](#), Cabinet, following a period of formal consultation and pre-scrutiny by Overview and Scrutiny Committee on [22<sup>nd</sup> July 2019](#), agreed a new day services model for older people that would change the current emphasis away from building based services, where the person is required to fit in with the services available, towards a more personalised service that better responds to individual needs and outcomes.

- 4.2 As Members will be aware, from previous reports to Cabinet, the Council's Strategy to modernise accommodation options for older people and deliver extra care housing would provide more opportunity to provide new provision suitable for the delivery of day services for older people than currently is the case in traditional day centres. Opportunities to reduce the need for traditional segregated day centres are being created as part of the extra care development programme.
- 4.3 As part of this strategic approach, Cwrt yr Orsaf Extra Care in Pontypridd and the new extra care development at Danymynydd in Porth, include integrated day care provision that has been designed to seamlessly integrate into shared communal spaces so that scheme residents and the day service attendees are part of one community and support network and will take part in activities and have meals together from the extra care restaurant.

### **Current offer for older people**

- 4.4 The Council's Day Services offer for older people is predominantly building based and follows a traditional separated day centre model. In Adult Services, they currently operate three day centres for older people assessed as eligible for the service across Rhondda Cynon Taf; all of which provide a mid-day meal, a range of social activities and transport to and from the centre. These day centres are:
- Tonyrefail day centre (Tonyrefail) provides a 5 day per week service for up to 25 older people per day. There are 64 older people currently registered at the centre - average daily attendance is 17 people or 68% of daily capacity.
  - Trecynon day centre (Trecynon) provides a 5 day per week service for up to 25 older people per day. There are 34 older people currently registered at the centre - average daily attendance is 9 people or 36% of daily capacity.
  - Cwmni Dda day centre (Trecynon) provides a 5 day per week service for up to 12 older people living with dementia per day. There are 21 older people currently registered at the centre - average daily attendance is 6 people or 50% of daily capacity.
- 4.5 Over a prolonged period, demand for day service provision for older people in this sort of traditional setting has been declining across Rhondda Cynon Taf. Increasingly, people are choosing other models of care to meet their individual needs, including outreach support work. This way of working is far less dependent on building based routines and is supportive of people accessing universal services reconnecting people to their community.

### **Revised Service Proposals**

#### **Proposal 1: Trecynon and Cwmni Dda Day Centres**

- 4.6 Both these centres are located on the same site on Llewellyn Street, Trecynon and continue to be underutilised. It is therefore proposed that both centres are combined by March 2024, and future provision is provided from Cwmni Dda, thereby increasing opportunities for socialisation and activities between individuals accessing services while achieving more efficient service delivery. Trecynon Day Centre will be decommissioned from 1st April 2024.

## Proposal 2: Tonyrefail and Cwrt yr Orsaf Day Centres

- 4.7 Cwrt yr Orsaf Extra Care in Pontypridd includes a new integrated day care provision, with daily capacity for up to 25 older people – the same as Tonyrefail Day Centre. This new provision, not yet opened, offers state of the art facilities, as part of the wider extra care facility, to support people with a range of care and support needs and provide them with a better more suitable and social environment to increase opportunities for socialisation through joint activities with residents, accessing the cinema room, hairdressing services, gardening opportunities. Cwrt yr Orsaf provides a much better location to access the community outreach opportunities, providing a more flexible base service to further opportunities to increase individual outreach work in line the Council's new day service model approved by Cabinet in September 2019.
- 4.8 It is therefore proposed that the day service provision currently provided from Tonyrefail is transferred on a phased basis to Cwrt yr Orsaf in Pontypridd by March 2024, enabling people to experience an enhanced range of day care support opportunities based in a modern fit for purpose building that will enhance their wellbeing and independence, and promote an outcome focused based service. Tonyrefail Day Centre will be decommissioned from 1st April 2024.

## **2. PRE SCRUTINY**

- 5.1 Members are reminded that the purpose of pre scrutiny activity is to contribute and inform decisions of the Cabinet before they are determined. The Community Services Scrutiny Committee continues to have the opportunity to explore and comment on a number of reports in advance of Cabinet's consideration to bring a different perspective to the decisions made and enabling Cabinet decisions to be more informed.
- 5.2 A report summarising the discussion and any recommendations made by Community Services Scrutiny Committee will be put forward and considered by Cabinet at their meeting on 18th December 2023.
- 5.3 Scrutiny has been engaged at a number of important points in the council's considerations and has been afforded the opportunity to further comment on the future service delivery model for the Council's Residential Care Homes and day care for older people throughout the process.
- 5.4 Members are referred to section 5 of Appendix A which details the revised service proposals.

## **6 EQUALITY AND DIVERSITY IMPLICATIONS**

- 6.1 An Equality Impact Assessment is not needed because the contents of this report are for information purposes only.

## **7 CONSULTATION**

- 7.1 The involvement of the Community Services Scrutiny Committee in the pre-scrutiny exercise will contribute to the quality and robustness of Cabinet decision-making.

## **8 FINANCIAL IMPLICATIONS**

8.1 There are no financial implications aligned to this report.

## **9 LEGAL IMPLICATIONS OR LEGISLATION CONSIDERED**

9.1 The report has been prepared in accordance with paragraph Part 4 of the Constitution (Overview & Scrutiny Procedure)

## **10 CONCLUSION**

10.1 The undertaking of pre scrutiny by the Community Services Scrutiny Committee in respect of the Day Services for older people, will ensure that the Community Services Scrutiny Committee fully evaluates the effectiveness of its overview and scrutiny function.

**LOCAL GOVERNMENT ACT 1972**  
**AS AMENDED BY**  
**THE LOCAL GOVERNMENT (ACCESS TO INFORMATION) ACT 1985**  
**RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL**  
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**21<sup>st</sup> November 2023**

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Background Papers:

[Cabinet – 11<sup>th</sup> September 2019](#)

[Overview & Scrutiny Committee – 22<sup>nd</sup> July 2019](#)